

Reaching New Peaks in Facial Plastic Surgery: Winter Symposium in Beaver Creek, CO

Feb. 28 – March 4, 2023

MEETING SCHEDULE

Learning Objectives

- ❖ Identify appropriate surgical techniques to provide optimal nasal airway function while also obtaining the aesthetic goals following rhinoplasty surgery.
- ❖ Compare and contrast surgical and non-surgical options in rejuvenation of the upper third of the face.
- ❖ Identify the current options in the surgical and non-surgical management of the aging lower face and neck.
- ❖ Identify the current guidelines and recommendations on patient selection, product selection, and injection technique to provide optimal care to patients.
- ❖ Describe reconstructive procedures relating to skin cancer reconstruction, trauma, and/or scar revision.

This activity has been planned and implemented in accordance with the Essential Areas and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership with The International Institute for Continuing Medical Education, Inc. (IICME) and Facial Plastic Surgery International.

The International Institute for Continuing Medical Education, Inc. is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The International Institute for Continuing Medical Education, Inc., in joint providership with Facial Plastic Surgery International designates this live activity for a maximum of 20 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Tuesday - February 28, 2023

Hair/Non-surgical Facial Rejuvenation

3:15 pm – 3:30 pm	Welcome	J.J. Martin Jr., S. Perkins
3:30 pm – 3:50 pm	Considerations when Treating Tear Trough Deformity with Hyaluronic Acid Fillers	Samira Caraballo Victoria Givens
3:50 pm – 4:10 pm	Buccal Fat Removal: Tweaks for the Cheeks	
4:10 pm – 4:30 pm	Marketing Budgets – What it Should be at Each Stage of Your Practice	Tara Leifer
4:30 pm – 4:50 pm	Platelet Rich Plasma and Medical Management for Hair Rejuvenation - Techniques and Results	Celeste Nagy Alex Furze Stacy Tull
4:50 pm – 5:10 pm	Augmented and Virtual Reality for Facial Reconstruction	
5:10 pm – 5:30 pm	Permanent Makeup and Medical Tattooing in Your Practice	
5:30 pm – 5:50 pm	Midface Augmentation – Implants vs Fillers – Preventing Midface Distortion	William Binder James Chelnis
5:50 pm – 6:10 pm	Facial Rejuvenation with Dynamic Muscle Stimulation	
6:10 pm – 6:30 pm	Challenges in Skin Resurfacing – Acne Scars and Darker Skin Types	Celeste Nagy

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Wednesday Morning – March 1, 2023

Rhinoplasty

7:00 am – 7:20 am	Domal Apex Grafts – The One Graft I Can't Live Without	Ivan Wayne
7:20 am – 7:40 am	Aging Nose Rhinoplasty: 10 tips for Success	Ross Clevens
7:40 am – 8:00 am	The Versatility and Usefulness of the Medial Crural Overlay Technique in Tip Rhinoplasty	Stephen Perkins
8:00 am – 8:20 am	Preservation Rhinoplasty 2.0: Ultrastructure Rhinoplasty Techniques	Alexis Furze
8:20 am – 8:40 am	Preservation Rhinoplasty	Ivan Wayne
8:40 am – 9:00 am	The Non-surgical Facelift	Stacey Tull

Wednesday Afternoon – March 1, 2023

Face Lift/Neck Lift

3:30 pm – 3:50 pm	How I do In-Office Minimal Sedation Surgeries of the Face & Neck	John Burroughs
3:50 pm – 4:10 pm	Is Platysmaplasty Necessary?	Ross Clevens
4:10 pm – 4:30 pm	Ligament Release – The Secret to Chin/Mandibular Implants	William Binder
4:30 pm – 4:50 pm	Electrocautery Facelift: Going Beyond the Deep Plane	Ivan Wayne
4:50 pm – 5:10 pm	The Midface in Lower Facelifting Surgery	Rami Batniji
5:10 pm – 5:30 pm	Teach Yourself the Deep Plane Facelift – A Personal Journey after Last Year's Meeting	Alan Brackup
5:30 pm – 6:30 pm	Panel–What Constitutes the 'Deep Plane' Facelift? Is it 'Necessary' to Achieve Excellent, Safe, and Predictable Results in Facelifting? Moderator: Stephen Perkins Panelists: Rami Batniji, Bill Binder, Ross Clevens, Devinder Mangat	

Thursday Morning – March 2, 2023

Non-surgical Facial Rejuvenation

7:00 am – 7:20 am	Minimally Invasive Management of Malar Edema	Mike McCracken
7:20 am – 7:40 am	Fillers and Blindness	John Martin
7:40 am – 8:00 am	What's New in Energy Based Devices and Techniques for Skin Rejuvenation and Tightening- A Review of Energy Based Devices and Techniques Introduced in the Last 2-5 Years including Thermomechanical, Microwave, Plasma, Radiofrequency, Microcoring, Toxins and Biostimulation with Dermal Filler	Elizabeth Rostan
8:00 am – 8:20 am	Periocular Laser Resurfacing	Paul Phelps
8:20 am – 8:40 am	IPL to Treat Inflammatory Eye Conditions	James Chelnis
8:40 am – 9:00 am	Deep Chemical Peels	Vivian Schiedler

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Thursday Afternoon – March 2, 2023

Periorbital Rejuvenation

3:30 pm – 3:50 pm	The Extended Lower Lid Blepharoplasty	Robert Fante
3:50 pm – 4:10 pm	If You Must Volumize, Why Fat Transfer is Superior to Fat Transposition in Lower Lid Blepharoplasty	Alan Brackup
4:10 pm – 4:30 pm	Pearls for Better Upper Blepharoplasty	John Burroughs
4:30 pm – 4:50 pm	Improving your Cosmetic Canthopexy and Canthoplasty	Robert Fante
4:50 pm – 5:10 pm	The Importance of Understanding Eyelid Anatomy Details to Maximize your Blepharoplasty Results	William Mack
5:10 pm – 5:30 pm	Fat Repositioning Lower Blepharoplasty	Mike McCracken
5:30 pm – 5:50 pm	Nuances of Matching the Tarsal Platform in Upper Blepharoplasty Surgery	John Holds
5:50 pm – 6:10 pm	The Lower Lid/Cheek Complex: Surgery versus Non-Surgery	Rami Batniji
6:10 pm – 6:30 pm	Complication of Eyelid Surgery: Avoidance & Management	John Burroughs

Friday Morning – March 3, 2023

Practice Management

7:00 am – 7:20 am	Identifying Red Flags with Cosmetic Blepharoplasty Patients	William Mack
7:20 am – 7:40 am	Should I Have a Med Spa? The Good, the Bad, and the Ugly	Robert Fante
7:40 am – 8:00 am	Finding Purpose in Your Practice: Leadership Development	Shawn Allen
8:00 am – 8:30 am	10 Pearls On How To Put Your Brand in Front of Generation X and the Aging Face Patients on Google and Social Media	Tara Leifer
8:30 am – 9:00 am	Almost 50 years of MTF TG Surgery	Toby Mayer

Friday Afternoon – March 3, 2023

Facial Rejuvenation and Reconstruction

3:30 pm – 3:50 pm	Exosomes & The Aesthetic Practice	Victoria Givens
3:50 pm – 4:10 pm	Use of Kerecis for Head and Neck Defect Management	David Holck
4:10 pm – 4:30 pm	Hypochlorous Acid: The Game Changer for Aesthetic Treatment Outcomes	Victoria Givens
4:30 pm – 4:50 pm	Mohs Surgery and Reconstruction	Shawn Allen
4:50 pm – 5:10 pm	Scar Treatments: Using Multimodalities for Optimal Outcomes. Review of Evidence in Effective Treatments for Scars – Traumatic, Post-surgical, Acne, Keloidal and Pigmentary – and Algorithm for Implementation in Clinical Practice	Elizabeth Rostan
5:10 pm – 5:30 pm	Upper Eyelid Filler	Tanya Khan

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5:30 pm – 5:50 pm	Under the Canvas: The Anti-aging Properties of Biostimulators vs HA Filler	Kristen Witfill
5:50 pm – 6:30 pm	Panel–Derm: Filler Complications, etc. Moderator: Shawn Allen Panelists: Elizabeth Rostan, Kristen Witfill	

Saturday Morning – March 4, 2023

Miscellaneous

7:00 am – 7:20 am	Browpexy Techniques	Paul Phelps Devinder Mangat Ross Clevens
7:20 am – 7:40 am	Coronal/Tricophytic Open Forehead Lift Revisited	
7:40 am – 8:00 am	Mastering Lip Lift	
8:00 am – 8:20 am	Non-surgical Augmentation of the Peri-oral Region Utilizing "5 Point Technique" with HA Based Filler	Kristen Witfill
8:20 am – 8:40 am	Review of Male Small Incision (+/- Endoscopic Guidance) Browlifting- Degree of Elevation and Duration	David Holck
8:40 am – 9:00 am	Fresh Frozen Cartilage Update: 5 Year Results in 150 Rhinoplasties	Burke Robinson

Meeting adjourns.